



Strain & Counter Strain Treatment

Norm Perry is proud to offer the unique services of Strain & Counter Strain (SCS) to patients. Norm Perry is a Certified Massage Therapist and certified by the Jones Institute in Strain & Counterstrain and has over 20 years of experience successfully administering this treatment. This option is designed for patients who have finished their physician prescribed rehabilitation program, exhausted their insurance benefits or wish to bypass using their insurance altogether and just have the Counterstrain treatment and not traditional physical therapy.

This option is not physical therapy and cannot be billed to insurances!

This is a cash program to be paid for prior to each visit. By signing below, the client agrees to assume the risk associated with manual stretching and hands on treatment, including but not limited to: pain, muscle soreness, fatigue, injury or lack of goal attainment. Prior to engaging in this treatment it is strongly recommended that patients who have not been seen by a physician for their current pain or problem do so. If it is felt that the client is not appropriate for Counterstrain for any reason, or has other more pressing health related issues, he or she may be denied treatment and or referred to their doctor.

Available hours for Counterstrain treatments are variable and dependent on the practitioner's schedule. Weekend hours are available upon request.

Client Responsibilities:

1. Please don't come if you are ill, contagious or running a fever, so as not to infect the staff and current patients.
2. Notify the staff if you are feeling ill, have questions or are uncomfortable about anything in the clinic.
3. Please take responsibility for communicating with the front office regarding payment. Cash, Check, Credit Card accepted.
4. Please use our staff as a resource, but realize that their first responsibility is to current patients. All questions and concerns will be addressed, but may not be able to be addressed at the time asked, due to the volume of patients in the clinic.

The fee for the PPT SCS program is \$240 per 1 hour treatment and \$120 per 30 minute treatment.

By signing below, the client agrees to abide by the above guidelines and rules of the Counterstrain program, and waive Norm's Manual Therapy of any and all liability related to the administration of this unique hands-on treatment. The client also agrees to accept full responsibility for the financial, behavioral and health aspects, which have been stated.

Client – Please Print

Please Sign

Date